

Suburban Birds Part 1
F-O-M-O
05/12/2019

- Suburban Birds
- \$357,115,007.00
- Enter Suburban Birds
- \$51.00
- I wonder how the director of that movie feels?
- Failure
- FOMO
- F-O-M-O - fear of missing out
- Moving from being overwhelmed to overflowing
- You can approach life with a shortage mindset, or you can approach life with a surplus mindset.

A **SHORTAGE** mindset: I never have enough and never will.

- Overwhelmed
- A dollar short and a day late

2 Kings 4:42-43a (MSG) One day a man arrived from Baal Shalishah. He brought the man of God twenty loaves of fresh-baked bread from the early harvest, along with a few apples from the orchard. Elisha said, "Pass it around to the people to eat." His servant said, "For a hundred men? There's not nearly enough!"

- That's a shortage mindset

2 Kings 4:43b-44 (MSG) Elisha said, "Just go ahead and do it. God says there's plenty." And sure enough, there was. He passed around what he had—they not only ate, but had leftovers.

- That's a surplus mindset

A shortage mindset focuses on my **LIMITED** resources.

The result of a shortage mindset is an **OVERWHELMED** life.

- I'm always in competition.
- A shortage mindset focuses on what other people have and what you don't.
- It leads to envy. It leads to jealousy. It leads to resentment. It leads to worry. It leads to insecurity.

A **SURPLUS** mindset: God has more than I'll ever need...

- God has more than enough to meet all your needs and everybody else's needs at the same time.

A surplus mindset focuses on God's **LIMITLESS** resources.

The result of a surplus mindset is an **OVERFLOWING** life.

- We all see God through an individual lens.

Psalm 23 (ESV) The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake. 4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. 5 You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. 6 Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

3 Daily Habits to go from overwhelmed to overflowing:

1st) Stay **CONNECTED** to Jesus every day.

Psalm 23:1 (ESV) The Lord is my shepherd; I shall not want.

- A Relationship with God
- It's overflowing
- God has a surplus mentality
- Have a shortage mentality
- Instead of focusing on what they have
- They focus on what they don't have
- They didn't trust God
- We call this the fall of man
- The restoring of that initial relationship through Jesus
- We are to get to know Jesus more and more
- Christianity isn't a set of rules to follow
- It's a relationship with an actual living person - Jesus

John 15:5 (NIV) "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

- Out of our relationship will flow good works
- I will change your heart and you'll see people differently
- The things that bother me will bother you
- Then I'll commission you to do something about them
- When you try to replace the Gospel with good works you are showing

- Your contempt for God

Paul writes this in Ga. 3:10-11 (ESV) For all who rely on works of the law are under a curse; for it is written, "Cursed be everyone who does not abide by all things written in the Book of the Law, and do them." Now it is evident that no one is justified before God by the law, for "The righteous shall live by faith."

- Your faith is in the finished work of Jesus
- Your good works come from a heart that's been changed by Jesus

2nd) Stop **COMPLAINING** and start being **GRATEFUL**.

Psalms 23:1b (ESV) I shall not want.

- Complaining is a very unhealthy emotion for you.
- Gripping is unhealthy for you.
- Gratitude is the healthiest emotion.
- When you are grateful, it changes the chemistry of your brain.

Phil. 2:14 (NLT) "In everything you do, stay away from complaining and arguing."

Col. 2:7 (NLT) "Let your lives overflow, with thanksgiving for all God has done."

1 Thess. 5:18 (NIV) give thanks in all circumstances; for this is God's will for you in Christ Jesus.

- God's will for you is found in a relationship with Jesus!
- Salvation is Jesus appearing to people so they can have an encounter with him.

3rd) Stop being **STINGY**, and start being **GENEROUS**.

Psalms 23:5-6 (ESV) You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

1 Peter 4:12-13 (MSG) Friends, when life gets really difficult, don't jump to the conclusion that God isn't on the job. Instead, be glad that you are in the very thick of what Christ experienced. This is a spiritual refining process, with glory just around the corner.

- Do you "see" the difference in these two?